Verb to be

I am not (I'm not) sad

I am

He
She   is
It

We
You   are
They

I am not (I'm not) sad

He
She   is not (isn't) sad
It

I am not English

You
We   are not (aren't) sad
They

Am   I   happy?

he
Is   she   happy ?
it

you
Are   we   happy?
they